Humanistic approach to professional training of future physical education teachers

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Abstract. In the People's Republic of China, the problem of individual approach is especially relevant in connection with national characteristics, traditions, which provide for the predominance of collective action in all types of work. In addition to basic sports, the training of future physical education teachers in the People's Republic of China should include in-depth study of the sport in which it could improve and be a high-level specialist. Training of physical education teachers in the People's Republic of China should be based on modern concepts of individualization, which apply to all stages of training: from choosing a sport in which the student would like to improve and receive a specialty of physical education teacher with professional knowledge of a particular sport. Physical education teachers in the study of the chosen sport.

Keywords: individual approach, teacher, physical culture, training

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Introduction

At the present stage in the world there is a tendency to an individual approach to education (Liu, D. D., & Li, R. W., 2011; Liu, D. D., & Li, R. W., 2012; Liu, K., 2016). This applies to all stages of the educational process: from kindergarten to university and postgraduate education. At the same time, with the increase of the educational level, the individualization of the learning process also increases. The field of physical culture and sports is no exception. In countries such as the United States, Europe and others, the trend towards a personal approach to physical education is realized in physical education at school by allowing students to choose sports to improve motor skills, health and psychological (Andriamampianina P., Moussa A. S., 2005; Ward P., He Y., Wang X., Li W., 2018).

This places certain demands on the training of specialists in physical education and sports to work as physical education teachers at school. The modern teacher of physical culture at school must have not only basic sports at the primary-secondary level, but also be a perfect specialist in a particular sport (Andriamampianina P., Moussa AS, 2005;). This is necessary to ensure a strategy of individual approach to the process of physical education of schoolchildren. In order for each student to be able to choose a sport for physical education, the school must have specialists in a large number of sports and physical activity.

The implementation of the individual approach consists in the following provisions: definition of the chosen sport in the early stages of learning (Kozina et.al., 2015, 2016, 2017, 2018); improvement in the chosen sport based on the individual characteristics of students - athletes.

Thus, at this stage it is necessary to develop an experimental training program for students - future teachers of physical education, focused on an individual approach, which takes into account: 1 - a combination of Chinese traditions with current trends in physical education in the world; 2 - a combination of improvement in the chosen sport with the study of basic sports; 3 - reliance on individual characteristics of students with advanced nor in the chosen sport.

This determined the chosen direction of our research.

Purpose: to determine the main directions of individual approach to the training of physical education teachers according to modern literature.

Material and methods

The analysis of literature sources was carried out by working with scientific works, which are presented in the databases "Webmof Science", "Scopus", "Pub Med" and others. The search for literary sources was carried out by the keywords ": physical education teacher training ", " physical education ", " sports ", " coach training ". A total of 10,157 works were found by keywords, of which 24 works
were selected for literary review. The selection was carried out as follows: first, the topic of the article was analyzed, then, if the topic corresponded to the direction of our study, the annotation was analyzed. If the annotation corresponded to the direction of our study, the text of the article was analyzed. Also, in the analysis of literature sources, preference was given to sources presented in the quarters "Webmof Science" and "Scopus" level 1-3. In addition, articles related to the training of specialists in physical education and sports in China were analyzed separately.

Results

Analysis of literature sources showed the following. Many authors (Doyle W., 992; Eisner E.W., 2005; Fitzpatrick K., Burrows L., 2017) point to the need to improve the quality of training of future professionals in the field of physical culture and sports, among which a special place is occupied by future physical education teachers.

The problem of modern physical education at all stages of the educational process is that there is a gap in the needs of society in providing appropriate means and forms of physical activity and real human resources. In the training of future teachers of physical culture, insufficient attention is paid to improvement in the chosen sport, as well as - the development of modern forms and means of physical education and physical activity. In modern society it is necessary to implement an individual approach to the teaching of physical culture, which would take into account the benefits of choosing the type of physical activity of each person, and especially - schoolchildren and students.

A specialist in the field of physical education must have both basic theoretical and motor training, and have a perfect command of at least one type of motor activity (sport). In this case, he will be able to ensure the implementation of an individual approach to at least one parameter - the choice of sport by students. In addition, he must be able to think creatively for the selection of means and methods of physical education depending on the level of training and individual characteristics of students. Therefore, there is a problem: a graduate of a higher education institution can not take an individual approach to physical education due to lack of knowledge about a particular sport, and the student can not take an individual approach due to lack of basic theoretical and practical knowledge.

Conclusions

In addition to basic sports, the training of future physical education teachers in the People's Republic of China should include in-depth study of the sport in which he could improve and be a high-level specialist. Training of physical education teachers in the People's Republic of China should be based on modern concepts of individualization, which apply to all stages of training: from choosing a sport in which the student would like to improve and receive a specialty of physical education teacher with professional knowledge of a particular sport. Physical education teachers in the study of the chosen sport.
References


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